

SATURDAY, JUNE 11
9am – 2pm

MAX McCook Athletic & Exposition
4750 S Vernon Avenue, McCook, IL



THE REGIONAL
HEALTH, WELLNESS,
and SAFETY FESTIVAL

To keep our community healthy,
happy and safe for all ages.

AMITA HEALTH™



WEST SUBURBAN
CHAMBER
of Commerce and Industry

100+ exhibitors • Cooking and fitness demos
Kids Zone • Food Court

..... **EXCEPTIONAL ROSTER OF SPEAKERS**

Don't Dis My Abilities – *Adrian Peterson, Chicago Bears Alumni*

From Dope to Hope – Helping One Addict at a Time – *Tim Ryan, Outreach Director for the Banyon Treatment Center and founder of A Man in Recovery Foundation*

You Can't Pour From an Empty Cup: Alzheimer's Disease and Caregiver Stress
Theresa Dewey, Manager Care Navigation and Early-Stage Engagement, Alzheimer's Association, Greater Illinois Chapter

FREE
FESTIVAL

mental health
physical health
financial wellness
pet health
safety

Focusing on the
complete health
and life cycle
of our region

WSSCI.org

>>> Continue to help raise awareness for Mental Illness in a walk/run on
6.11.2016 | 5pm - 9pm www.BensMemorialMile.com